

It seems timely that the topic that has consumed quite a bit of my time of late is now front and centre in the news. I am referring to vaccines. In the news is of course the discussion around RFK Jr., his appointment by Donald Trump as health secretary, as well as his views on vaccines. Currently he is under fire for stating that he will pull a number of vaccines from the mandated vaccine schedule in the U.S., and remove the approval of the polio vaccine, as well as addressing issues at the FDA.

I want to make it clear that questioning and researching whether vaccines are harmful or beneficial, does not make one a anti-vaxxer. It makes one a researcher seeking knowledge. Science needs to be continually questioned, that is how science is done and that is how we find solutions and alternative solutions.

I hope that readers of this editorial keep an open mind, and research some of the links I will provide at the end and not be swept up in willful blindness. Stay the course and after weighing all facts and options, make up your own mind on what you believe.

There appears to be a direct correlation to the number of vaccines that children are now receiving, to the rising levels of childhood diseases including autism. A simple fact is that in 1950 the recommended vaccination level was 14 doses of 5 vaccines from birth to 18 years old. In 1983 it was 22 doses of 7 vaccines. Today it has risen to 72 doses of 18 vaccines. A simple question would be why are 72 doses of vaccine required when in 1983 22 doses appeared to be sufficient. Without going into great detail, let me provide one example. The measles vaccine was first introduced in 1963. At that time measles, mumps and rubella was one dose. Today MMR is three doses. This is the pattern across all the vaccines, and I would question why so many doses are deemed necessary.

Throughout history we have had to deal with disease and pestilence and we have always persevered. There were times such as during the Black Death when deaths were extraordinarily high. By the end of the 1800's deaths from disease were once again on the rise. This continued well into the 1900's, and large cities were virtual death traps. With the advent of sewers and sanitation, along with clean drinking water and healthy foods, deaths from disease dropped dramatically. Again without going into great detail, I will give an example. From about 1955 measles had dropped to extremely low levels. By the early 1960's the percent decline from its peak level was around 99.96%. This means that measles was virtually eradicated. The measles vaccine was only introduced in a live version in 1963 in the U.S. and Canada, and not until 1968 in the U.K. How can anyone declare that the measles vaccine eradicated measles, when measles was virtually zero before the vaccine was ever released? This timeline is quite consistent for all other infectious diseases. What allowed for the decline in infectious diseases before vaccines were introduced? The medical profession is in agreement in that nutritious food, providing vitamins and nutrients provides the necessary support for our the immune system.

Our immune system is what keeps us healthy and fights diseases when they appear. It is therefore imperative that we have nutritious food, clean drinking water, and a clean environment. Today we are eating processed foods with virtually zero nutrients. Our healthy foods are grown in soil that is nutrient depleted so we are receiving fewer nutrients than we did just 30 years ago. Our water has been infused with plastics, lead, chlorine, and salts. The air we breathe is no longer free of pollutants no matter where you live. The end result is that our immune system is not as robust as it used to be.

Our society today relies on antibiotics and the philosophy of a "pill for an ill". Vaccines are deemed necessary for survival and are forced upon us whether we need them or not. The

covid shot comes to mind here. How have we come so far and yet fallen so far behind in our understanding of what constitutes health?

Why are we not questioning what is beneficial and what is not. Why are we accepting without question health decisions made by those who have no interest in whether we live or die as long as we pay for the privilege of feeling secure? Why do we accept solutions that have no scientific merit or scientific data to justify their use? Why do we marginalize and silence those who question or find alternative solutions for medical issues and care?

When did the medical profession stop working together to find solutions, to utilise our collection knowledge to address health issues, and to openly question solutions that were not working in the best interests of patients? This situation is not new. Questioning vaccines has always been a no go area for medical professionals. But more recently the covid pandemic resulted in medical professionals being muzzled, their lively hood threatened, and the threat of cancellation of their medical licenses used as blackmail for them to follow the narrative surrounding covid shots and care. However, many doctors and scientists are now speaking out about the dangerous effects of the mRNA shots, the deaths that occurred, the rise of infectious diseases, such as cancer that are now on the rise. It will be years yet before we see what affects the mRNA shots have on our health. It is about time we are questioning why an unproven and untested vaccine was forced upon the world's population. In my opinion it is the greatest crime in medical history, and there have been many others.

Vaccines themselves have had a poor history of being effective. Some say they have caused more harm than good. A case in point was the deaths that occurred by the Swine Flu vaccine in 1976 in the U.S. There were deaths and many vaccine injuries before the vaccinations were stopped. Deaths have occurred during testing and rollouts of vaccines. Many lab outbreaks have resulted in deaths that have been swept under the carpet, and these scenarios have played out here in North America. Vaccine contamination contributes greatly to deaths and adverse effects in patients, and occurs quite frequently even today.

The accumulating evidence indicates that vaccine-induced immune activation, and aluminium adjuvants in particular, may cause mental illnesses and neurodevelopmental disorders, including autism. The term "immune activation" describes the activation of the cellular components of the immune system. The developing brain can be injured by immune activation; with life-long consequences.¹ Should the studies that show this to be true be fully researched by medical professionals and scientists around the world? Yes they should. But what is happening is that these studies and the doctors that speak to these studies are being marginalized, maligned, and isolated. The assumption that vaccines are safe and effective is the mainstream media and pharmaceutical narrative. Where are their studies that refute the claims of aluminium adjuvants causing disorders, mental illnesses, and autism? Please note that immune activation occurs with vaccination, and children up to the age of two are the most at risk for brain damage and mental disorders. This should scare everyone.

The medical establishment refuses to look at these studies and claims. Instead they constantly repeat the classical assumptions, simply refute any study that contests the narrative, and use fear of breakouts and pandemics to coerce everyone to believe their statements. They count on wilful blindness to achieve their goals.

There are many organisations and web sites that talk about vaccines and discuss the topics I have touched on here. What we all need to do is become better informed about vaccines to direct our medical establishments and political leaders to commit to research to answer the

questions of safety, efficacy, and long term injury. Vaccines first and foremost should do no harm!

Below are references to what I have discussed in this editorial. I am recommending a book item 3, and there are two videos by Prof Raymond Obomsawin items 4 & 5. Item 7 is the letter that Dr. Aseem Malhotra sent to the General Medical Council in the UK. I am hoping that you will read more about vaccines, understand the history of vaccines, with the hope that we will all be better informed. This is especially true if you are parents of infants aged 1 to 2.

1. <https://vaccinepapers.org/review-paper-al-adjuvant-autism-20-pages-97-references/>
2. <https://vaccinepapers.org/about/>
3. <https://vaccinechoicecanada.com/>
4. Dissolving Illusions Disease, Vaccines & Forgotten History Dr Suzanne Humphries
5. <https://www.bitchute.com/video/DYi6ogClzX8b/>
6. <https://www.bitchute.com/video/O0ieJNMVN18K/>
7. <https://doctoraseem.com/thousands-of-doctors-sign-petition-to-suspend-covid-mrna-vaccines-an-open-letter-to-the-gmc/>